

TSCS Newsletter

Taylor's Special Care Services, Inc.

Volume 8, Issue 7

July 2013



Mr. Taylor presents Managers from Brandywynne and Old Forge homes with the Home of the Month Awards and Certificates at the managers' meeting of July 17, 2013.

Employee Recognition Award *Employee, Home and Resident of the Month Awards:*

Deborah Wellons received the "Employee of the Month" award in June for making significant contributions in the lives of persons served and going above and beyond the call of duty.

The *Brandywynne* and *Old Forge Homes* received the "Home of the Month" award in June for continued dedication to the persons served and contribution to the advancement of TSCS mission, vision and values.

Shontelle Cavanaugh was presented with the "Resident of the Month" award in June for

significant achievements in the quest for personal improvement and independence, in addition to remarkable help and assistance he provided at the Lee Baker home.

Introducing New Staff Members

Home, Assistant Managers and Direct

Care Workers: Please join us in congratulating Angela Morrell-Karshe and Charlotta Smith for their recent appointments to Home and Assistant Managers of the Briarcrest home, respectively. With their skills and experience in the field, they are a great addition to the organization. We have also hired several direct care

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National Minority
Mental Health Awareness Month
JULY

In 2008, July was proclaimed National Minority Mental Health awareness Month by the U.S. House of Representatives, in hopes of improving access to mental health treatment and services through increased public awareness. Please get your family and friends to participate and take action and increase awareness of mental illness and mental health promotion while embracing the diversity of our communities.

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Simon Pop, MBA
Chief Operating Officer

workers. Please help us welcome, Charlita, Tony, and Lajoy to the TSCS family.

Therapeutic Activities for Persons Served

Basketball Tournament (Bond):



TSCS organized a Basketball Tournament on July 6th. Those who participated said they had a great time and would really enjoy doing it again. The top three players received awards and recognitions. Eugenio, one of the top three players is proudly displaying his awards in the photo above.

July's corporate-wide activities include the following:

- Volunteer at the Nursing Home (1st, 8th, 22nd)
- Visit the Local Library (2nd, 9th, 16th)
- Fireworks (3rd)
- Fourth of July BBQ at the Bond home (4th)
- National Fried Chicken Day (5th)
- Basketball Tournament at the Bond home (6th)
- Complete Puzzle with Friend (7th)
- Read a Book Outside (10th, 31st)
- Bake a cake with your home (11th)
- CNS Consumers' Picnic (12th)
- Shopping Day (13th)

- Attend Church Service (14th)
- Cow Appreciation Day (Give beef a break!) (15th)
- Practice Meditation (17th)
- Dinner/Dance @ Center-Stage (18th)
- Celebrate First Woman's Rights Convention Held 1848 (19th)
- Celebrate International Chess Day (20th)
- Celebrate National Junk Food Day (21st)
- Ice Cream Day (23rd)
- Park Day (25th)
- Learn a New Card or Board Game (26th)
- Celebrate National Lasagna Day (29th)
- Celebrate National Cheesecake Day (30th)

Gardening:



The residents at Arden Park home approached manager with the idea of planting a garden. They assisted in cleaning weeds and preparing the soil. Manager took residents to assist in picking out plants for garden and they picked 3 types of tomatoes: yellow, red and a striped tomato). They also, got red and yellow bell peppers, cucumbers, yellow banana peppers and a jalapeno as well as some habaneros. Residents assist with watering,

fertilizing, and it appears to be very therapeutic and relaxing. They appear to have a self-pride in their accomplishment and make frequent trips to view it and smile in its progress. Residents have plans of BLT's, home-made salsa, salads and manager agreed to show them how to possibly can items like pepper rings and home-made pickles from cucumbers.

By John Cleavenger, Home Manager



July is the National Minority Mental Health Awareness Month

Celebrate and bring awareness and supportive information to your community:

National Minority Mental Health Awareness Month offers organizations of all types and sizes a wonderful opportunity to create mental health awareness in diverse communities. The US House of Representatives proclaimed July as this special month in 2008, aiming to improve access to mental health treatment and services through increased public awareness. Since then, many organizations have hosted a variety of events and activities in communities across the country each year.

Please join us in our efforts to improve access to mental health treatment by increasing awareness of mental illness and mental health.

Emergency Preparedness

Create an Emergency Plan:

The following information is an accumulation of recommendations from FEMA, the American Red Cross, and other agencies around the world. This is a general preparedness for any type of manmade or natural disaster.

- Meet with household members.
Discuss with children the dangers of fire, severe weather, and other emergencies.
- Discuss what to do about power outages and personal injuries.
- Draw a floor plan of your home.
Mark two (2) escape routes from each room.
- Learn how to turn off the water, gas, and electricity at main switches.
- Post emergency telephone numbers near telephones.
- Teach children how and when to call 911, police, and fire.
- Instruct household members to turn on the radio for emergency information.
- Pick one out-of-state and one local friend or relative for family members to call if separated by disaster (it is often easier to call out-of-state than within the affected area).
- Teach children how to make long distance telephone calls.
- Pick two (2) meeting places.
- A place near your home in case of a fire.
- A place outside your neighborhood in case you cannot return home after a disaster.

Escape Plan:

In a fire or other emergency, you may need to evacuate your house, apartment, or mobile home on a moment's notice. You should be

ready to get out fast.

- Develop an escape plan by drawing a floor plan of your residence.
Using a black or blue pen, show the location of doors, windows, stairways, and large furniture.
- Indicate the location of emergency supplies (Disaster Supplies Kit), fire extinguishers, smoke detectors, collapsible ladders, first aid kits, and utility shut off points.
- Next, use a colored pen to draw a broken line charting at least two (2) escape routes from each room. Finally, mark a place outside of the home where household members should meet in case of fire.
- Be sure to include important points outside, such as garages, patios, stairways, elevators, driveways, and porches. If your home has more than two (2) floors, use an additional sheet of paper.
- Practice emergency evacuation drills with all household members at least monthly.

Fire Safety:

- Plan two (2) escape routes out of each room.
- Teach family members to stay low to the ground when escaping from a fire.
- Teach family members never to open doors that are hot. In a fire, feel the bottom of the door with the palm of your hand. If it is hot, do not open the door. Find another way out!
- Install smoke detectors. Clean and test smoke detectors once a month.
- Change batteries at least once a year.
- Keep a whistle in each bedroom to awaken household members in case of fire.
- Check electrical outlets. Do not overload outlets.
- Purchase a fire extinguisher (5lb., A/B/C type).

Lighting Safety:

- Have plenty of flashlights and extra batteries on hand in case of a power outage.

- Don't use candles for emergency lighting. It increases fire hazards within the home.

Cooking Safety:

- In case the power fails, plan to use alternative cooking devices in accordance with manufacturer's instructions.
- Never use open flames or grills indoors.

Never Stockpile Fuel or Flammable Liquids:

- For those who feel the need to stock disaster supplies, we remind you that it is extremely dangerous to stockpile any liquids fuels such as gasoline, kerosene or lantern fluid.
- For any combustible/flammable liquid stored, be sure to have them in approved containers and stored appropriately. Never store kerosene/gasoline in glass containers.

Remember, Smoke Alarms Save Lives!

- Some smoke alarms may be dependent on your home's electrical service and could be inoperative during a power outage. Check to see if your smoke alarm uses a back-up battery and install a new battery at least once a year.
- Smoke alarms should be installed on every level of your home.
- All smoke alarms should be tested monthly. All batteries should be replaced with new ones at least once a year.